

TRAVEL Itinerary



DAY 01 - ARRIVE IN ESPOSENDE

We pick you up at Esposende bus station and take you to drop your bags at the hotel. Then we walk down to the water to meet everyone, and close the day with a welcome **dinner**.

Bem-vindo. It's a good way to start.



DAY 02 - WHERE THE RIVER MEETS THE SEA

A plant-weaving workshop first, making the same kind of bag our grandmothers carried to the market. **Lunch** and in the afternoon, a riverside cleanup, then stand-up paddleboarding. A bike ride to the sunset ends the day, followed by a long **dinner** and even longer conversation at the table.

DAY 03 - GERÊS

A full day inland: mountains, cool water, walking, swimming. Simple **lunch**. **Dinner** that night is a special one, with live fado. The day you start to feel like this place belongs to you too.



DAY 04 - SOUNDS OF MINHO

We start by waking the neighbours: a real Minho music session, drums, accordion and bagpipes, played in the streets, you included. Then we visit Viana do Castelo, the capital of Minho, for **petiscos** and tascas.

DAY 05 - GREEN COAST

The long day out, stopping wherever João thinks we should. Historical towns, local people, and the Costa Verde, the Green Coast, up close. We'll find traditional places to have our **lunch** and **dinner** along the way.

DAY 06 - ATÉ JÁ

This day isn't part of the experience, but we're still around if you need us. Take your time to say goodbye, or better, **até já**. See you soon.



STARTING POINT AND TIME

- **Axis Ofir Beach Resort Hotel, Esposende**
- **Start:** Esposende, 23 September at 3:00 PM (please arrive before this time).
- **End:** 28 September at 8:00 AM.

PRICE AND PAYMENT

- **725€**
- **Full payment** required at the time of booking (debit card);

INCLUDED

- Activities, accommodation, transport since you arrive Esposende and breakfasts.

NOT INCLUDED

- Flights, flights and luggage insurances, meals (~€20), tips, optional extras not specified in the "included" section.

LEGAL DOCUMENTATION

- **ID (Mandatory)**
- Passport (Optional for EU citizens)
- VISA (for the needed nationalities)

PROTECTION

- **Travel Insurance mandatory:** All participants must have valid personal travel insurance.
- EU citizens need to have a **European Health Insurance Card**.

MEALS

- Dietary regime: **omnivorous**, with possible adaptations for vegetarians, vegans, and allergies (no guarantee of equivalence).
- Important: Some meals will be **picnic-style**, simpler, to make the most of the amazing locations we'll visit.

NUMBER OF GUESTS

- 3 participants minimum;
- 8 participants maximum.

ACCOMMODATION

- 4 star hotel: **Axis Ofir Beach Resort Hotel** (5 nights)
- Twin/double rooms.

PARTICIPATION CRITERIA

- Required language: **English** (all activities and communications will be in English).
- **Minimum age:** 18 years.
- **Accessibility:** Unfortunately, this first edition is not suitable for people with reduced mobility. Our apologies.

WHAT TO BRING

- **Comfortable clothing and footwear** for nature walks, bike rides, and light sports activities.
- Suitable clothing for **water activities**.
- **Warm layers and rainproof** jacket for possible rain.



GOOD TO KNOW

- **Francisco Sá Carneiro (Porto)** is the most convenient **airport** for this Experience.
- **Transfers:** 23rd September (Porto Airport - Esposende) and 28 September (Esposende - Porto Airport) by an additional fee, can be arranged.
- If you pretend to **arrive earlier or leave later**, let us know if you want some help.
- For the travelers coming from outside the EU community area its their responsibility to consult all the information related to the documentation needed to participate in this travel package.