ROOTS & ROUTES - MAY 2027

7 days in Minho

STARTING POINT:
Axis Ofir Beach Resort Hotel, Esposende

START TIME:
19th May at 3:00 PM *(please arrive before this time)*

END TIME:
26th May at 10:00 AM.

PRICE:
2085€

PAYMENT:
30% or full payment required at the time of booking, depending on the date;

NUMBER OF TRAVELERS:
3 participants mininum; 7 participants maximum.

ACCOMODATION:
-4 star hotel: *Axis Ofir Beach Resort Hotel* (7 nights);
-Twin/double rooms.
-Single room upon extra fee (274€) and availability.

TRANSPORT:
-Transfer: On 19th May (Porto Airport -> Esposende), until 2:00 pm, and 26th May (Esposende -> Porto Airport) a limited number of transfers can be arranged upon previous arrangement.
-Ground transport (9 seats van) is provided by us and included in the price.
-Purchasing flight tickets is the client's responsibility.

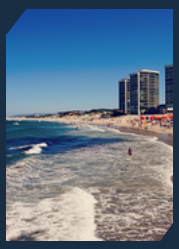
INCLUDED:
Activities (*bike ride, road trips in Minho and Esposende, funicular ride, corn* broa *workshop, traditional music class,* Verde *wine tasting session, National Park hike, rush interpretative center visit*), accomodation, transport since you arrive in Esposende, transfer from Porto Airport (*please check the specific transfer conditions in the "Transport" section*) and breakfasts.

NOT INCLUDED:
Flights, flights and luggage insurances, meals (~€20/meal), city taxes, tips, extras not specified in the "included" section.

Nortada TRAVELS
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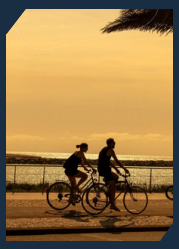
DAY 01 - ARRIVAL IN ESPOSENDE

Check-in and time to settle into your accommodation. Then we meet everyone and close the day with a welcome dinner (meal not included). *Bem-vindos!* — it's a good way to start.



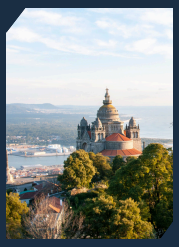
DAY 02 - WHERE THE RIVER MEETS THE SEA

Gentle bike ride following *Cávado* River. In the afternoon, you'll discover the traditional rush plant weaving, the craft behind the bags our grandmothers carried, then a road trip through *Esposende*'s most iconic and historic spots.



DAY 03 - MINHO'S HEART

Time to meet the heart of *Minho*: *Viana do Castelo*. A ride on the longest funicular still operating in Portugal, then a traditional corn bread (*broa*) workshop. Dinner that night is a special one, with live *fado* in a local restaurant (meal not included).



DAY 04 - SOUNDS AND TASTES OF MINHO

We start the day by waking the neighbours: a real *Minho* music session with drums, accordion and bagpipes played in the streets, you included! After lunch, you'll taste and learn all about *Vinho Verde* and its connection to northern Portugal. By the end of the day, you'll feel like a true *Minhoto*!



N 41° 30' 59.7 W 8° 47' 06.9"

MEALS:
Dietary regime: omnivorous, with possible adaptations for vegetarians (no guarantee of equivalence). Important: Some meals will be picnic-style, simpler, to make the most of the amazing locations we'll visit.

INSURANCES AND MONEY PROTECTION:
-Mandatory travel insurance: All participants must have valid personal travel insurance that covers flights and luggage.
-EU citizens must have a European Health Insurance Card (EHIC).
-Your money transfer is protected by the Stripe system.
-Our agency is affiliated with Turismo de Portugal and is therefore covered by the Travel and Tourism Guarantee Fund (FGTV), which ensures secure payment in the event of of our non-fulfillment of obligations.

LEGAL DOCUMENTS:
-ID (Mandatory);
-Passport (optional for EU citizens);
-VISA (for the needed nationalities).

PARTICIPATION CRITERIA:
-Required language: English (all activities and communications will be in English).
-Minimum age: 18 years old.
-Accessibility: Unfortunately, this experience is not suitable for people with reduced mobility. Our apologies.

WHAT TO BRING:
-Comfortable clothing and footwear for nature walks, bike rides, and light sports activities.
-Suitable clothing for water activities.
-Warm layers and wind and rainproof jacket for possible rain, cold or wind.
-Your own reusable bottle of water.
-Hat and sunscreen.

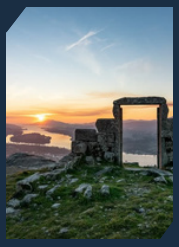
NOTES

-Francisco Sá Carneiro (Porto) is the most convenient airport for this Experience.
-If you pretend to arrive earlier or leave later, let us know if you want some help.
-Travellers from outside the EU or the Schengen Area are responsible for checking all the entry and documentation requirements for Portugal before they travel.
-If you need help finding a suitable travel insurance, please contact us.

- Our contact: **info@nortadatravels.com**

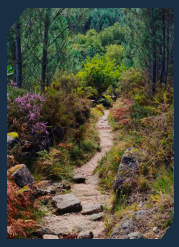
DAY 05 - GREEN COAST

We start the day by visiting *Ponte de Lima*, one of the most charming towns in Portugal. Then we continue at a relaxed pace, along the green coast, stopping wherever *João* thinks we should.



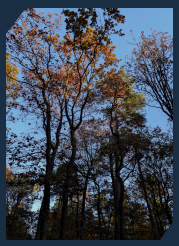
DAY 06 - GERÊS AND ROMANS PATH

You'll have the chance to walk along a 6 km section of a path built by the Romans nearly 2,000 years ago. It's a hike of moderate difficulty (in 1 km, 100m elevation gain), surrounded by the mountains and nature of our beautiful *Peneda-Gerês* National Park. History and wildlife, side by side.



DAY 07 - GIVE BACK

This is our last full day, and it's time to give something back to the land that has supported us, with an environmental activity (no fee is charged for this activity). You'll also get to know the *azenhas* (ancient water mills) and time to contemplate the forest around you.



DAY 08 - ATÉ JÁ

This day isn't part of the experience, but we're still around if you need us. Take your time to say goodbye, or better, *até já* (see you soon).

